

CITIZENS' COUNSELLING CENTRE
VOLUNTEER APPLICATION FORM 2020 - 2021

CONFIDENTIAL

There is a Q&A Guide that accompanies this application and is available on our website. Please feel free to give as much detail as you wish when answering these questions but do not attach your resume or letters of reference. **Please answer the questions using this form.** We request that you mail or deliver the application back to the Centre. Please print legibly and please do *not* fax.

Date: _____

Legal Name: _____

Preferred Name: _____

Address: _____

Postal code: _____

Phone: (H): _____

(Cell or Work): _____

Email: _____

Self declared gender identity: _____

Date of Birth: D/M/Y _____

**Occupation/
Employer:** _____

Training/Education: _____

For Office Use

To be interviewed:

Yes _____ No _____ Possible _____

Date of interview:

Status:

Yes _____ No _____ Possible _____

Reference #1 checked _____

Reference #2 checked _____

Flags: _____

Second Interview Required:

Yes _____ No _____

Comments:

1. Have you had experience as a volunteer? _____ If yes, when and where did you volunteer? Did you fulfill your commitment? (We may contact one of these agencies for a reference.)

2. Why have you chosen to volunteer at Citizens' Counselling Centre (CCC) at this time?

3. What do you hope to gain from volunteering at the CCC?

The training program involves a number of levels of commitment which include the following expectations:

While in the training –

- a) Attend training sessions for three hours every week (evening) for ten months.
- b) Attend two mandatory weekends (one residential) as scheduled.
- c) Attend an additional 35-40 hours of practice and supervision outside of regular group time.

After completing the training –

f) Complete 250 sessions (a minimum of 2 clients each week plus 1/2 hour monthly supervision) of counselling as a volunteer. This is a 2 - 3 hour commitment every week for 2 - 3 years in addition to the initial 10 month training.

g) Complete paperwork, collect fees and schedule appointments with clients. Please comment on your ability to hand in monthly reports and handle your own scheduling.

If you are accepted, what does your commitment to Citizens' mean to you?

4. What in your life might prevent you from:

- a) completing the training program?
- b) completing your 250 session volunteer commitment?
- c) and, if you were unable to honour your counselling commitment at Citizens, such as in the event of a move or major unsolvable crisis, how would you satisfy your commitment to us?
please note we do not offer online and phone counselling. All counselling is done in person.

Please note that the training costs Citizens' \$3,000 for each participant.

5. Have you attended individual counselling? When? For how long? For what issues? How was it helpful/not helpful?

6. Have you attended couples counselling? When? For how long? For what issues? How was it helpful/not helpful?

7| What personal growth groups have you participated in as a client (not as a facilitator) and how have they affected your life?

8. Part of this program is personal growth and part is skill development. What are the most current personal issues in your life right now? Which might you like to learn more about in the training? Do you have any concerns about your ability to participate in the personal growth part of the program, i.e. recent trauma or illness?

9. What do you consider to be the strengths you would bring to your work as a volunteer counsellor (e.g. specialized knowledge or lived experience)?

10. What do you consider to be the challenges you may have as a counsellor where others share openly with you?

11. When you experience personal stress, overwhelm or challenges, how do you support yourself? What resources do you draw upon?

12. Part of this training involves you learning more about yourself and coming forward in the group with some of your process. What challenges might you have being part of an experiential training where you share openly?

13. Do you have charges pending or have you ever been convicted of a criminal offence? _____
If so, when, and for what reason? *If you are accepted into the training program you will be required to complete a Criminal Record Check-Vulnerable Sector. A letter can be provided at that time exempting you from being charged a fee for this. The Criminal Record Check must be completed prior to beginning training.*

14. Is there anything else that would be helpful for us to know about you or anything you would like us to know (to help us provide a supportive learning and practicing environment for you)?

PLEASE NOTE: There is a one time charge of \$200.00 which is applied to the costs of the off site residential weekend training (food and accommodation costs). Please arrange payment before training begins.

Please provide two current references we may contact who know you well within the last three years (*not a family member, or therapist/counsellor*):

REFERENCE #1:

REFERENCE #2:

Name: _____

Name: _____

Phone: _____

Phone: _____

Relationship: _____

Relationship: _____

I hereby give Citizens' Counselling Centre permission to contact the above references and/or any of the agencies listed where I have volunteered.

Signature _____ Date _____

How did you hear about the Centre's training program?

Family/
Friend

Website

On-line

Facebook

College/
University

Doctor/
Professional

Other

If 'other' please provide more detail. Thank you.

Please return by email, regular mail or drop off before May 31st, 2020 to:

info@citizenscounselling.com

**Citizens' Counselling Centre
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Phone: 250-384-9934