



VOLUNTEER APPLICATION FORM 2022 - 2023

CONFIDENTIAL

There is a Q&A Guide that accompanies this application and is available on our website. Please do not attach your resume or letters of reference. ***Please answer the questions using this form.*** We request that you attach this document to an e-mail, mail or drop your application in our mail slot at 941 Kings Road. Please print legibly and ***please do not fax.***

Date: _____

Legal Name: _____

Preferred Name: _____

Address: _____

Postal code: _____

Phone: (H): _____

(Cell or Work): _____

Email: _____

Self declared gender identity _____

Date of Birth: D/M/Y _____

Occupation: _____

Employer: _____

Training/Education: (15 words)

<u>For Office Use</u>	
To be interviewed:	
Yes	No Possible
Date of interview: _____	
Status:	
Yes	No Possible
Reference #1 checked	Reference #2 checked
Flags: _____	
Second Interview Required:	
Yes	No
Comments: (25 words)	

1. Have you had experience as a volunteer? If yes, when and where did you volunteer? Did you fulfill your commitment? (We may contact one of these agencies for a reference. (35 words)

2. Why have you chosen to volunteer at Citizens' Counselling Centre (CCC) at this time? (35 words)

3. What do you hope to gain from volunteering at the CCC? (35 words)

The training program involves several levels of commitment which include the following expectations:

While in the training –

- a) Attend training sessions for three hours every week (evening) for ten months.
- b) Attend two mandatory weekends as scheduled (Friday evening and all-day Saturday and Sunday).
- c) Attend an additional 35-40 hours of training and supervision outside of regular group time.

After completing the training –

- d) **Complete 250 sessions (a minimum of 2 clients each week plus ½ hour monthly supervision) of counselling as a volunteer. This is a 2-3 hour commitment every week for 2 - 3 years in addition to the initial 10 month training.**
- e) Complete paperwork, collect fees and schedule appointments with clients. Please comment on your ability to hand in monthly reports and handle your own scheduling. (30 words)

If you are accepted, what does your commitment to Citizens' mean to you? (90 words)

4. What in your life might prevent you from:

- a) *completing the training program?*
- b) *completing your 250-session volunteer commitment?*
- c) *and, if you were unable to honour your counselling commitment at Citizens', such as in the event of an unsolvable crisis, are you prepared to repay the Centre for the cost of the training and loss of service to the Centre?*

Please note that the training expenses combined with the loss of service is \$3,000 for each participant.(200 words)

5. Have you attended individual counselling? When? For how long? For what issues? How was it helpful/not helpful? *(75 words)*

6. Have you attended couples counselling? When? For how long? For what issues? How was it helpful/not helpful? *(75 words)*

7. What personal growth groups have you participated in as a client (not as a facilitator) and how have they affected your life? *(120 words)*

8. Part of this program is personal growth and part is skill development. What are the most current personal issues in your life right now? Which might you like to learn more about in the training? Do you have any concerns about your ability to participate in the personal growth part of the program, i.e. recent trauma or illness? *(130 words)*

9. What do you consider to be the strengths you would bring to your work as a volunteer counsellor (i.e. specialized knowledge or lived experience)? *(160 words)*

10. What do you consider to be the challenges you may have as a counsellor where others share openly with you? (90 words)

11. When you experience personal stress, overwhelm or challenges, how do you support yourself?
What resources do you draw upon? (90 words)

12. Part of this training involves you learning more about yourself and coming forward in the group with some of your process. What challenges might you have being part of an experiential training where you share openly? (90 words)

13. Do you have charges pending or have you ever been convicted of a criminal offence? YES NO

If so, when, and for what reason? If you are accepted into the training program you will be required to complete a *Criminal Record Check - Vulnerable Sector*. A letter can be provided at that time exempting you from being charged a fee for this. The Criminal Record Check must be completed prior to beginning training. (60 words)

14. Is there anything else that would be helpful for us to know about you or anything you would like us to know (to help us provide a supportive learning and practicing environment for you)? (140 words)

Please provide two recent references who we may contact (*not a family member, or therapist/counsellor*):

REFERENCE #1:

REFERENCE #2:

Name: _____ Name: _____

Phone: _____ Phone: _____

Relationship: _____ Relationship: _____

I hereby give Citizens' Counselling Centre permission to contact the above references and/or any of the agencies listed where I have volunteered.

Signature: _____ Date: _____

How did you hear about the Centre's training program?

Family/
Friend

Website

Facebook /
On-line

College/
University

Doctor/
Professional

Other

If 'other' please provide more detail: *(15 words)*

Thank you!

Please return completed application on or before May 15th, 2022

by email: info@citizenscounselling.com

by mail: Citizens' Counselling Centre
941 Kings Rd.,
Victoria, B.C. V8T 1W7

drop-off mail-slot: [941 Kings Rd](#) - beside Caffé Fantastico in Quadra Village