

Citizens' Counselling Centre Application for Practicum

Required Contents

1. **Completed Practicum Application**
 2. **Cover Letter**
 3. **Resume**
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- **Combine all 3 documents into a single file.** Alternately, you may "Zip" all 3 documents into a Zipped folder. But you **must** upload only one file.
 - Name the file such that the name includes the month/year of the start of your proposed practicum and your name (e.g., **September 2026, Jane Doe application**)
 - Upload your single file to this address: <https://tinyurl.com/dhe6whp6>

Citizens' Counselling Centre ***Application for Practicum***

This quick list **isn't** a list of requirements for application to practicum training at Citizens'. Rather it is a quick sketch so that we can get a sense of your history and background. No one is likely to be able to check all of the boxes. But it will enable us to get a quick sense of who you are and what you bring to the discussion.

- I completed a past Citizens' Counsellor Training group
- I have attended a Citizens' group (e.g., Understanding Anger, Self-esteem, etc) in the past
- I have facilitated psycho-educational groups at Citizens' or elsewhere
- I have engaged in structured, personal, introspective work for myself at some point (e.g., counselling; group work; etc.)
- I have worked in human social services for at least 1 year.
- I have worked as a counsellor for at least 1 year, either employed or as a volunteer
- I come to this application as a student in a Masters' program for delivering counselling (e.g., Masters of Counselling; Masters of Social Work: etc.)
- I come to this application as a student in some other post B.A. program

Name:

Pronoun(s):

Email Address:

Mobile phone #:

Alternate phone #:

Mailing Address:

Institution/Program:

Anticipated time frame: start:

end:

Number of hours of direct client contact required:

Have you ever applied for, or been accepted into Citizens' Volunteer Counsellor Training Program? If yes, please state the year _____."

Information that will help us match you with clients (Some clients want a counsellor who is a parent, close to their age, older, younger, etc.):

Please describe your 1:1 counselling experience with adults (18+):

Date of Birth (so we can celebrate your birthday):

Languages in which you are: a) Fluent:

b) Basic knowledge of:

Cultural diversity experience:

Are you partnered?

Do you have parenting/caregiver experience?

Would you describe yourself as an introvert, an extravert, or in between?

Issues you think you are currently comfortable working with:

Issues you are not comfortable working with at this time:

Counselling modalities you prefer using at this time:

Sometimes clients request a counsellor who has a particular spiritual affiliation. If you do and would like to work with a client who requests this, what is your affiliation?

If you are selected for an interview, you will be required to provide a short (10 - 15 minutes) audio recording of a role-played counselling session demonstrating foundational counselling skills (e.g., empathy, active listening, open-ended questioning, etc.)

Key Dates:

Practicum start	Application Deadline	Interview month
September cohort	April 15	May
January cohort	August 15	August / September
May cohort	December 31	January / February