Citizens' Counselling Centre
Application for Practicum

Required Contents

1. **Completed Practicum Application**

2. **Cover Letter**

3. **Resume**

- **Combine all 3 documents into a single file.** Alternately, you may "Zip" all 3 documents into a Zipped folder. But you **must** upload only one file.

- Name the file such that the name includes the month/year of the start of your proposed practicum and your name (e.g., **September 2026, Jane Doe application**)

- Upload your single file to this address: **https://tinyurl.com/dhe6whp6**

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Application for Practicum

This quick list **isn't** a list of requirements for application to practicum training at Citizens'. Rather it is a quick sketch so that we can get a sense of your history and background. No one is likely to be able to check all of the boxes. But it will enable us to get a quick sense of who you are and what you bring to the discussion.

- ☐ I completed a past Citizens' Counsellor Training group
- ☐ I have attended a Citizens' group (e.g., Understanding Anger, Self-esteem, etc) in the past
- ☐ I have facilitated psycho-educational groups at Citizens' or elsewhere
- ☐ I have engaged in structured, personal, introspective work for myself at some point (e.g., counselling; group work; etc.)
- ☐ I have worked in human social services for at least 1 year.
- ☐ I have worked as a counsellor for at least 1 year, either employed or as a volunteer
- ☐ I come to this application as a student in a Masters' program for delivering counselling (e.g., Masters of Counselling; Masters of Social Work: etc.)
- ☐ I come to this application as a student in some other post B.A. program

Name: Pronoun(s):

Email Address:

Mobile phone #: Alternate phone #:

Mailing Address:

Institution/Program:

Anticipated time frame: start: end:

Number of hours of direct client contact required:

Have you ever applied for, or been accepted into Citizens' Volunteer Counsellor Training Program? If yes, please state the year _____."

Information that will help us match you with clients *(Some clients want a counsellor who is a parent, close to their age, older, younger, etc.):*

Please describe your 1:1 counselling experience with adults (18+):

Date of Birth (so we can celebrate your birthday):

Languages in which you are: a) Fluent:

b) Basic knowledge of:

Cultural diversity experience:

Are you partnered?

Do you have parenting/caregiver experience?

Would you describe yourself as an introvert, an extravert, or in between?

Issues you think you are currently comfortable working with:

Issues you are not comfortable working with at this time:

Counselling modalities you prefer using at this time:

Sometimes clients request a counsellor who has a particular spiritual affiliation. If you do and would like to work with a client who requests this, what is your affiliation?

If you are selected for an interview, you will be required to provide a short (10 - 15 minutes) audio recording of a role-played counselling session demonstrating foundational counselling skills (e.g., empathy, active listening, open-ended questioning, etc.). The recording does NOT require demonstration of explanations of consent, privacy, etc..

Key Dates:

Practicum start	**Application Deadline**	**Interview month**
September cohort	April 15	May
January cohort	September 15	October
May cohort	December 31	January / February

Citizens' may choose to extend these deadlines if suitable candidates are not found.

Please note: Applicants must have completed all necessary course work for BCACC requirements before beginning a practicum placement. These courses include:

One course in each of six topic areas, with at least four of the six completed at the graduate (master's) level. The remaining two may be at the undergraduate level.

The six required areas are:

1. Developmental Psychology OR Psychopathology
A course covering psychological development across the lifespan, or psychopathology.

2. Counselling Theories OR Personality Theories
A survey of counselling theories, a course on a specific therapeutic approach, or personality theory.

3. Group Therapy Theory and Practice
A course focused solely on group counselling theory and practice, with student role plays preferably included.

4. Family Therapy Theory and Practice
A course focused solely on family counselling theory and practice, with student role plays preferably included.

5. Basic Research Design
Covering statistical methods, qualitative/quantitative research methods and design, and/or interpretation of research literature.

6. Professional Ethics in Counselling
Focused on codes of ethics, practice standards, ethical decision-making models applied to case studies in counselling practice, ideally including legal requirements.